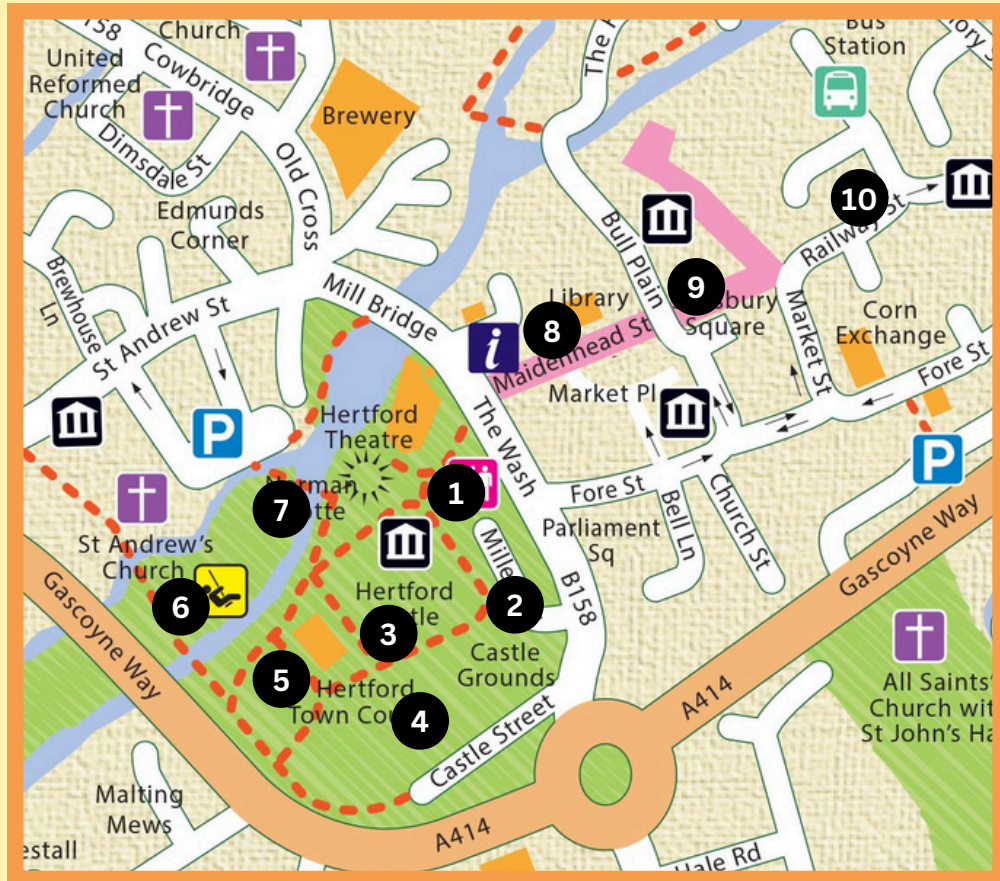


Hertford Castle and Town Centre

October Half Term

Sensory Trail



Organised by: Greenspace Renewal



Explore Hertford using your senses!
Complete the tasks for your chance to win a £25 gift card!

1 At the main gates there are lots of things to touch and feel! What can you touch, and what did it feel like?



I can touch...

It felt like...

2 Walking along the wall is really peaceful. If it's sunny you can make shadow shapes! Try a tree pose below, or make your own shapes using your hands and body.



Snapped your pose? Don't forget to tag @HertfordCastle in your pics on social media and use the hashtag #SensoryTrailHertford

3



We have lots of trees surrounding our main lawn! Different tree barks look and feel different. Pick a tree and take a rubbing of its bark to see what pattern it makes!



4



In the Moat Garden there are lots of things to touch! What does the wall surrounding Hertford Castle feel like? Circle your answers and add your own words!

Smooth?

Warm?

Dry?

Or

Or

Or

Rough?

Cold?

Damp?

Add your own words here!



There are also lots of plants to smell here, can you smell any?

5



Can you find the lions at the front of Hertford Castle? What noise does a lion make? Do your best lion impression!

grrrrrrr

RAWR!

hissssss

Roar meow?

growl

GRRRRR

prrrrrrr



Close your eyes and listen. What other sounds can you hear at the front of the castle?

6



Hertford Castle's play area has lots of things to play on, including swings, slides and a roundabout. What things can you push and pull here?

7



There's a lot of wildlife around the bridge, what wildlife can you see? Why not try sketching an animal!



There are a lot of sounds near the bridge too! What sounds can you hear? What might be making those sounds?

From point number 7 you can either cross the bridge and exit via the main gate to continue, or exit via St. Andrews car park for a step free route. Make sure a grown up helps you cross the road!

8



Dolphin Yard is home to Hertford Library and an Incredible Edible planter! These planters are filled with lots of useful (and smelly) plants! What can you smell here?

9



Salisbury Square has been used as a market place for hundreds of years, vendors used to sell their corn and farm produce here! Markets are often noisy, what noises can you hear in the square today?

10



Tilly's Gelato offers lots of flavours of gelato for visitors to try! Try a mystery flavour and write down what you think it is! Leave your name and contact details with a member of staff for the chance to win a free scoop of gelato!



Notes....



Thank you for completing the Hertford Castle sensory trail! Fill in your details below and bring your completed trail to the Town and Tourist Information Centre for your chance to win a £25 gift card for a Hertford based retailer.

Name:

Email:

We may also share your sketches and bark art on the Hertford Castle and Hertford Town Council social media pages, follow us to see if yours gets shared!

@HertfordCastle

@HertfordTownCCouncil

This booklet was composed by Hertford Town Council and Hertford Castle Greenspace Renewal.

If you would like to learn more about the Hertford Castle Greenspace Renewal project, or leave your feedback on Hertford Castle's grounds and facilities via our survey, visit:

<https://www.hertfordcastle.co.uk/greenspacerenewal>

or email us via

castlegreenspace@hertford.gov.uk



HERTFORD TOWN COUNCIL

